



## A New Day- How the resurrection shook the

### 1. Understanding of the cross

### 2. Understanding of Jesus

### 3. Witness's own story

### 4. Meaning for us

## 1. Review

On Sunday we looked at how the resurrection of Jesus shook the lives of the women who went to the tomb that first day.

We were called to present the burdens/stones in our life to the Holy Spirit to be transformed by the Resurrection power of Jesus.

## 2. Read

### 1. Matthew 28:1-10

### 2.1 How the resurrection shook the witnesses understanding of the cross

- Put yourself in their shoes
- The cross was an object of horror and terror for them
- They went early to find a corpse but found the Risen Lord

### 2.2 How the resurrection shook the witnesses understanding of Jesus

- What did they understand about Jesus that morning?
- Their understanding was transformed by the resurrection

### 2.3. How the resurrection shook their stories

- We need our own encounter with the risen Jesus
- Jesus revealed himself not to Caesar or the High Priest but to these devoted women
- He changed their story completely – like he does with us

## 3. Reflect

- How can we freshly encounter the Risen Jesus in our lives?
- Have we fallen at His feet and worshipped Him?
- What stone(s) are great obstacles in our own life?
- What part of your own story does God want to transform through a fresh revelation of the power of a Risen Jesus living at the center of our lives?

## 4. Respond

As a group spend some time in prayer and reflection on what you have learned and come into the presence of God. Allow the Holy Spirit to use your gifts to encourage and bless each other.

Take some time as a group to allow the Holy Spirit to minister, identify and move any burden in your life that stops you enjoying the peace and freedom of being a child of God.

## 5. Reach

How does the joy of the resurrection inform and motivate our outreach to those who do not know Jesus as Lord and Savior?