



## Filled with the Spirit

1. Why do we need to be filled?

2. What happens when we are filled?

3. How do we stay filled?

## More series Filled with the Spirit

WHY DO WE NEED TO BE FILLED – WE NEED TO LIVE  
TRANSFORMED AND EMPOWERED LIVES

### Read

- **Colossians 1:9-12**

### Intro

Continuing series on Holy Spirit entitled More – last week we looked at life in the Holy Spirit as an adventure, and exploration, and this week we are looking at Being Filled with the Spirit – and we are not talking about a one-off occasional encounter but an ongoing constant life walking in step with the Spirit. he **Eph. 5:18<sup>18</sup> Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit**, be filled' = 'keep on being filled'. A spirit filled life is one that is constantly under the influence of the Holy Spirit.

We are going to look at

- Why we need to be filled?
- What happens when we are filled?
- How do we stay filled?

### 1. Why do we need to be filled?

#### It's Gods Heart for the church

9 For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives

#### It's the only way to bear fruit

10 so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work,

#### It's allows us to grow in the knowledge of God

growing in the knowledge of God,

#### It strengthens us for endurance and patience

11 being strengthened with all power according to his glorious might so that you may have great endurance and patience,

#### It's brings joyful praise

and giving joyful thanks to the Father

#### It keeps us in the light

to the Father, who has qualified you[f] to share in the inheritance of his holy people in the kingdom of light.

Still all about Jesus! We live lives growing to be more Christ like abiding in Him– but Jesus foresaw our difficulties our tendency to be dry, run on empty, struggle, not to understand, so He sent the Holy Spirit and the word of God to equip us in an obedient response to His words. They are totally whole and connected.



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### 1. Why do we need to be filled?

### 2. What happens when we are filled?

### 3. How do we stay filled?

## 2. What happens when we are filled?

### What is it in us that is filled?

Regardless of what you have experienced to date – you have a spiritual sponge! uniquely equipped to be soaked: (get hands up)

- **Temple** - **1 Corinthians 3:16** Do you not know that you are God's temple and that God's Spirit dwells in you?
- **New Self** - **Eph 4:22** put on the new self, created to be like God in true righteousness and holiness.
- **Inner most being** - **Ephesians 3:16-19** <sup>16</sup>I pray that out of his glorious riches he may strengthen you with power through his Spirit in your **inner** being, <sup>17</sup>so that Christ may dwell in your hearts through faith.
- **New man/New creature** - **1. 2 Corinthians 5:17 (KJV)** "Therefore if any man *be* in Christ, *he is* a new creature: old things are passed away; behold, all things are become new."
- **Spirit of Christ**- **Romans 8:9-13** However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness.

### A reality check ?

- We often think that what happens when we are filled is that there are outward signs and certain phenomena (these maybe shaking, falling on the ground, crying) and these are all fine if they are a consequence of being filled.
- But if we look for phenomena as the main focus then we miss the biblical emphasis on what happens when we are filled with the Holy Spirit
- The bible clearly emphasizes that we see abiding fruit in our lives when we are consistently allowing ourselves to be filled with the Holy Spirit – as we pray, read the word, meditate, worship or when we just present ourselves to God for filling as we go about our daily lives.
- But you can't clean a car with a dry shriveled up sponge – you need water and the sponge to be regularly cleaned and refreshed



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### What does this encounter enables us to do?

We receive the fulness of our inheritance – imagine we inherited a vast mansion – with 200 rooms filled with interest and designed for particular functions – but we move in to the servant quarters and never explore the rest of the house. That house is who you are in Jesu Christ and the filling of the Holy Spirit opens so many of these doors for you.

There is room in your life for

- Abiding spiritual growth (we will look at in later sessions)
- Power for mission (we will be looking at later in year)

### What could this look like for the church ?

**“Being filled with the Holy Spirit elicits creative gifts, leadership gifts, wisdom, prophetic utterances, revelation of God’s purposes, praise, boldness and authority in speech. Faith power to perform signs and wonders, grace, personal healing, drawing people to Christ, conquering confrontation with the powers of darkness, and joy. A person full of the Spirit is clearly distinguishable from one who is not.”(More )**

So we will see these things beginning to emerge in the body as we mature and press into this in-filling of the Holy Spirit –

But where ever you are now – and whenever you ask to be filled you will receive a fresh perspective on your situation, you will bear fruit ( find endurance, strength and joy, patience,) and in every good work – you will find a new love for the word, a new desire to pray, you will be released into understanding that this is your spiritual destiny your privilege and your entitlement.

But it takes time and availability.

### 3. How do we stay filled?

#### Ask

- It is making time – as we are out and about, as we read, pray, worship, meditate to make the simple request to God to
- Ask God to Fill me
- It is a simple request – but it takes a little time to get used to regularly asking and receiving. It is not a request you leave on Gods answer phone – you have to wait and know He will respond.
- But there are barriers – in our flesh that we have to quit simply put off Paul often uses that term put off worldliness
  - Un-confessed sin
  - Un-surrendered life
  - Low expectation
  - Unavailability
  - Not knowing how to
  - A it’s not for me attitude said with confidence or sorrow



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### Practice

We are now going to have a time to make that simple request – and spend five minutes waiting on the Holy Spirit.

We are making space for a gentle encounter – we are learning – we do not want to fill your heads with should's, or burdens, we just want you to lay aside any doubts and fear, any sense of weirdness and be ready in your temple, your spirit, your inner most being, however you view your new creation, to be filled. You may get emotional, you may be prompted to say sorry, you may discover how thirsty you are, how dry you are, we just can't tell but we know it will bless you.

Let's just sit, or stand and raise our hands as a sign that we have asked God the Father to fill us with the Holy Spirit ..5 mins Children – you may want to join in -imagine God has given you a big sponge in your heart and sometimes it gets dry – well lets hold up our hands and say God send your Holy Spirit to fill it with love – like water filling this sponge that has been dry