



Fruit of the Spirit

1. What is the fruit of the Spirit?

2. How do we bear the fruit of the Spirit?

1. Review

On Sunday we looked at how we can bear fruit in the Spirit.

LET US BEAR THE FRUIT THAT IS IN KEEPING WITH OUR IDENTITY IN JESUS

2. Read

Galatians 5:16-25

2.1 What is the fruit of the Spirit?

- Look at the list of the fruits in our passage
- These are characteristics of both Jesus and the Holy Spirit and are an expression of our own new identity
- Fruit grows out of this identity
- There are two natures flesh and spirit – we can see this as a pot of a dead weed and a pot of a luscious green plant – look the fruit of the weed in v19 – look at Romans 8:5 to see how this impacts the mind
- Look at Galatians 5:17 and the war between the two the mind
- But we have freedom of choice in where we set our mind look at Galatians 5:24

2.2 How do we bear fruit despite this struggle

- Walk by the Spirit keep in step with the Spirit
- It is not doing it in the flesh – through will power alone – it is spiritual
- Partner with God in this – it is like a dance where the Holy Spirit takes the lead – it is like a steam train doing all the pulling of the carriage you are in – it is like being towed by another car driven by the Holy Spirit
- What does this look like – abiding read John 15:4
- We cannot do this in our own strength only by remaining in Jesus Christ and being led by the Holy Spirit
- There is no quick fix or alternative to abiding.

3. Reflect

- Where do you still see evidence of the fruit of the flesh in your life? Try saying the sentence 'I am Loving, I am Joyful etc ' and see if you have any internal ouches.
- What is Jesus like in these areas?
- Do you accept that your spiritual nature has the ability to overcome this if you surrender to the Holy Spirits leading?
- How can He help you grow to be more fruitful?

4. Respond

Spend some time asking the Holy Spirit to show you areas in your life where you need to partner more with Him to grow more like Jesus. How will you change your life to create space to set your mind on Him?

5. Reach

What areas of your character could be more like Jesus when you interact with non-Christians?