



Small Group Notes

Text:

Colossians 3:1-17

Title:

Abiding through scripture

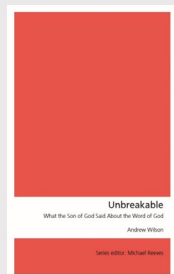
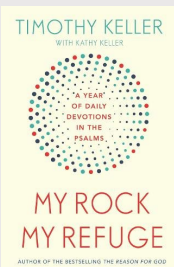
Further scriptures:

Psalm 119

Hebrews 4:12

Psalm 19:7-14

Matt. 7:24-28



Last Sunday we began thinking about how to abide through meditation on the scriptures. We thought about what it means to abide through the word and how do we make this a practice in our lives.

Reflect

1. What most impacted you from the passage or from the preach?
2. What is the difference between reading scripture and meditating on scripture?
3. Why is learning to abide through the word important? What is the fruit that comes from meditating on scripture?
4. What are some of the struggles / challenges we face when seeking to meditate on God's word?

Respond

1. What is your experience of encountering Jesus through the scriptures? What does time alone with Jesus look like for you at the moment?
2. What steps can we take to grow in abiding through the scriptures? How can we learn to delight in Jesus through his word?
3. What is required to address the struggles and obstacles we face in meditating on God's word? Is it practical (a change in practice / priority) or mental / spiritual (a change in thinking / believing?).
4. What are you going to do differently this week to practice abiding through the word? (Look at the practice examples for ideas on what you can do)

Practice

1. Choose a psalm or another scripture and read it slowly together (preferably out loud). Invite Jesus to commune with you through His word. Reflect upon the scripture and share with one another:

- What encourages you from the scripture
- What challenges you
- What it reveals to you about Jesus
- Anything else you feel the Holy Spirit speaking to you about.

2. Reflect on your experience of the practice? How did you find it? What was encouraging? What was hard?

Further reading

Here a few great books if you want to dig a little deeper:

My Rock, My Refuge, Timothy Keller

Women of the Word, Jen Wilkin

Unbreakable: What the Son of God said about the word of God, Andrew Wilson