



## Be Real— Approval and Rejection

### 1. Review

How have you done applying what we talked about last time?

### 2. Read

Listen to the podcast and read the scripture. What is the scripture saying? What truth of the gospel does it teach us?

### 3. Reflect

What impacts you most? What does this look like in your life? What would fruitfulness look like?

### 4. Respond

What is God speaking to you about and what are you going to do? Pray for one another

### 5. Reach

How would you share this good news? How has your personal witness been going?

### 1. Review

We recommend that you keep a discipleship journal on your phone or notebook – where you can record anything that you agree to do with the group. Take time to share how you are getting on. We encourage openness to the Holy Spirit and encouragement from your group to have an ongoing list of areas where you need to be intentional about growing.

### 2. Read

- **Galatians 1:10; 1 Peter 2:4**

We assume you have listened to the Podcast on the website for this topic prior to the meeting.

### 3. Reflect

- What are the real dangers of approval seeking and fearing man's rejection?
- What can we do to ensure that God's acceptance and love for us is bigger and more real than any rejection we may fear or suffer?
- What fears and hurts of rejection are you bearing now that you would like the Holy Spirit to free you from?

### 4. Respond

What actions or changes in attitude are you being prompted to make? Make a note of these and share them with each other. Don't discount yourself or get disconsolate or under pressure ask for more grace to make progress in this fundamental area of your growth.

Ask the Holy Spirit to free you from any fear of rejection or any need to win approval at the expense of our peace in who we are in Christ.

Take some time to pray and praise God. Invite the Holy Spirit to give you counsel, guidance, words, pictures, scriptures, encouragement for each other on this whole topic of approval and rejection. This is a great time to practice the gifts of the Holy Spirit.

### 5. Reach

How are you doing with sharing your hope since the last time you met? Is your fear of rejection putting you off of sharing your hope? How can a bigger view of God's greatness and love for you help overcome this?